

Questions About Complementary and Alternative Therapies

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Asking your healthcare provider questions at any phase of your treatment will help you take an active role in managing your (or your child's) care. If you do not understand any part of the information your healthcare provider gives you, ask him or her to explain it in another way.

Doctor's name	Date of appointment or call
1. What do you know about this treatment?	Notes
2. Why do some people think it works and others do not?	
3. Would this treatment help me at all?	
4. Are there dangers of this treatment I should know about?	

To print additional copies of this question guide, or to print copies of question guides on other topics, go to www.lls.org/whattoask. You may also request that copies be sent to you by contacting an Information Specialist at (800) 955-4572.